

**Discussion Questions**  
***Sad Janet* by Lucie Britsch**

1. Does Janet's sadness resonate with you? If so, in what way? If not, do you lose patience with her? Is she wallowing in her depression ... or trapped?
2. Talk about Janet's counter-cultural desires: her wish not to have a boyfriend, own a house, or have children. Why does she hold these seemingly contrarian aspirations?
3. How would you describe the other characters in Lucie Britsch's novel: Janet's boyfriend and her family?
4. Janet tells us, "Love is like gluten," and that she "should have told the doctor. I can't process it properly." Funny! But what does she mean?
5. Talk about the dogs. What role do they play in Janet's life? Who or what do they stand in for, both the role they play in Janet's life, as well as the symbolic role in the novel itself?
6. What are Janet's perceptions—the pros and cons—of taking the medication. Why did she agree to take the pills?
7. Is this a "self-improvement" novel? Or a parody of one?

(Questions by LitLovers)