

# LA CROSSE PUBLIC LIBRARY NEWSLETTER



## January 2022

### *What's Inside*

#### Classes

Adult Programming

Children's Programming

Friends of the Library

All three La Crosse Public Library locations will be closed  
December 31-January 3 for  
New Year's Eve/Day

### Friends of the La Crosse Public Library

#### Bookshop Hours

**Monday, Tuesday, Thursday,  
Friday and Saturday**

**10:00 A.M.-4:00 P.M.**

**Wednesday**

**12:00 P.M.-6:00 P.M.**

May be open other hours if  
volunteers are available



**We're challenging readers of all ages to  
keep the pages turning this winter by pledging  
to read for 15 minutes every day from  
January 15 - February 15!**

By participating, not only will you start the new year off with healthy reading habits, you'll also help us raise funds for our new Mobile Library! Thanks to a generous sponsorship from Altra Credit Union, La Crosse Public Library will receive a donation for your reading pledges, which will be used to retrofit a mini-bus that will help us deliver library services to vulnerable populations in our community. To sign up, stop by a service desk or download a card from our website: [lacrosselibrary.org/](http://lacrosselibrary.org/)

#### Main Library

800 Main Street  
(608) 789-7100

**Monday-Tuesday** 10 A.M.-6 P.M.  
**Wednesday** 10 A.M.-8 P.M.  
**Thursday-Saturday** 10 A.M.-6 P.M.

#### South Community Library

1307 16th Street South  
(608) 789-7103

**Monday** 10 A.M.-2 P.M.  
**Tuesday** 2 P.M.-6 P.M.  
**Wednesday** 10 A.M.-2 P.M.

#### North Community Library

1552 Kane Street  
(608) 789-7102

**Tuesday** 10 A.M.-2 P.M.  
**Wednesday** 2 P.M.-6 P.M.  
**Thursday** 2 P.M.-6 P.M.



# CLASSES



## DIGITAL LITERACY FOR JOB SEEKERS

Register to reserve your spot, or sign up to join us virtually from the comfort of your home by calling 608-789-7074 or emailing [refdesk@lacrosselibrary.org](mailto:refdesk@lacrosselibrary.org)

**Looking to establish a solid computer knowledge base to help you find a new job?**

Join La Crosse Public Library staff in person or online to build confidence in your technology skills, learn how to navigate Microsoft and create a new resume!

**11:00 A.M.–12:00 P.M.**

January 18th– Computer Basics  
**South Community Library**

February 15th – Microsoft Word  
**South Community Library**

March 1st – Microsoft Excel  
**La Crosse Public Library, Main**

March 15th – Building a Resume  
**La Crosse Public Library, Main**



## TECH DROP IN

### **Community Connections Center**

1407 St. Andrew Street

January 5 & 19

11:00 A.M. - 12:00 P.M.

### **La Crosse Public Library - Main**

800 Main Street

January 12

11:00 A.M. - 12:00 P.M.



Join us for an hour of fitness and fun!

## CHAIR FITNESS



### **Community Connections Center**

1407 St. Andrews Street

Tuesdays, January 11, 18, and 25

10:00 A.M.–11:00 A.M.

Register by calling 608-789-8640





# ADULT PROGRAMMING

**Saturday, January 8**

## **Hearthside Chapters: My Year of Rest and Relaxation**

10:00 A.M.–11:00 A.M.

*La Crosse Public Library–Main*

*Registration Required*

Let's gather around the hearth as we start a new session of Chapters! Chapters is our monthly book discussion group featuring popular fiction covering a variety of genres. This month we will be discussing *My Year of Rest and Relaxation* by Ottessa Moshfegh. Seating is limited. [Register on our events calendar](#), by emailing [lschoen@lacrosselibrary.org](mailto:lschoen@lacrosselibrary.org), or calling 608-789-7130.

**Monday, January 10**

## **Storytime for Adults : Cheers**

6:30 P.M.–8:00 P.M.

*Turtle Stack Brewery*

*Registration Required*

Join us to hear your favorite local librarians and performers read some of our favorite short stories and essays. Beer and beverages are available for purchase. For ages 21+ only. Stories may include adult content. [Register on our events calendar](#). Seating is limited.

**Wednesday, January 12**

## **Homegrown Health: Essential Herbs for Wellbeing**

6:30 P.M.–7:30 P.M.

*Online: Zoom*

*Registration Required*

Start off the new year with healthy herbal remedies (medicine made from plants!) to help combat common ailments and cultivate wellbeing. We'll unpack a brief history of herbalism, learn what herbs can support our bodies and spirits, and offer demonstrations

of practical recipes for herbal soups, teas, and oils we can easily make at home. [Register on our events calendar](#), by emailing [programteam@lacrosselibrary.org](mailto:programteam@lacrosselibrary.org), or calling 608-789-7145.

**Saturday, January 15**

## **Yoga for All**

10:30 A.M.–11:30 A.M.

*La Crosse Public Library–Main*

*Registration Required*

Join certified yoga instructor Bernice Olson-Pollack for this free community yoga program encouraging gentle body movement for all ages, abilities and walks of life. Each class will explore basic yoga poses, yogic breathing, mindfulness, and relaxation techniques surrounding a different topic each month. Attendees may bring a yoga mat or towel if they wish. [Register on our events calendar](#), by call 608-789-7145 or emailing [programteam@lacrosselibrary.org](mailto:programteam@lacrosselibrary.org).

**Tuesday, January 18**

## **Writing Workshop: Self-Editing For Beginners**

6:00 P.M.–7:00 P.M.

*Online: Zoom*

*Registration Required*

Did you write a novel during NanoWriMo? Do you have a bunch of novel starts but never finish? This workshop might be for you! Self-editing for beginners is a class that will teach you how look for filler words and repetition while preventing the dreaded saggy middle of your book. Join local author Ashlynn Monroe to learn some easy tips and tricks for "hearing" as well as seeing your mistakes. Polish your work so that you have a gripping piece of writing that is concise but enhances your special writing voice. Register on [our events calendar](#), by calling 608-789-7145, or emailing [programteam@lacrosselibrary.org](mailto:programteam@lacrosselibrary.org)

**Wednesday, January 19**

## **Mindful Makers: Gratitude Bowl**

7:00 P.M.–8:00 P.M.

*Online: Zoom*

*Registration Required*

Need a little motivation to start a new art project or participate in mindful activities? Join us for Mindful Makers, a program series integrating creativity with mind and body wellness. During this session, we'll embrace gratitude as we repurpose fabric remnants to create a gratitude bowl. While our hands are busy creating, we'll open up our minds as we're joined by art therapist Christine Kortbein, who will share tips on maintaining mindfulness and cultivating gratitude. Craft supplies will be provided and registration is required to participate in this online program. [Register on our events calendar](#).

**Wednesday, January 26**

## **Finding Hygge: The Making of a Cozy Documentary**

6:30 P.M.–7:30 P.M.

*Online: Zoom*

*Registration Required*

Hygge, the Danish art of creating joy and coziness in life's everyday moments, has exploded in popularity amidst growing division and distrust around the world. But finding hygge in one's own life can be more complicated than it seems. Register to access a free Vimeo code to stream "Finding Hygge" or check out the DVD of the film from our collection, then join us on 1/26 for a behind-the-scenes look at the making of this award-winning documentary with director Rocky Walls, followed by an audience Q&A. [Register on our events calendar](#).



## CHILDREN'S PROGRAMMING

# SATURDAY STORYTIME



### Saturdays in January and February

9:30 A.M.–10:00 A.M.

10:30 A.M.–11:00 A.M.

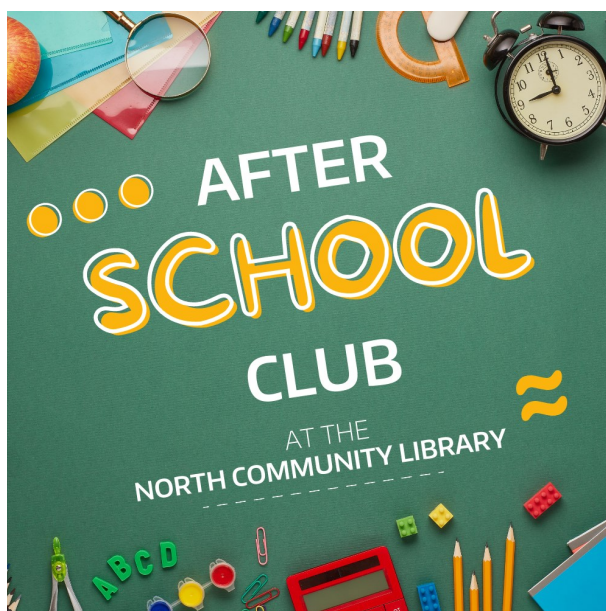
*La Crosse Public Library– Main  
Main Hall*

*Registration required*

Join us for songs, rhymes, and books during this special Saturday Storytime. [Register on our events calendar](#) or by calling 608-789-7128.

Masks are strongly  
encouraged

**Best for all ages**



### Wednesdays and Thursdays

In January and February

4:00 P.M.–5:00 P.M.

*North Community Library*

Join us after school as we play, create, and have fun each afternoon at the North Community Library. **Best for grades 1-6.**



## CHILDREN'S PROGRAMMING



# JANUARY

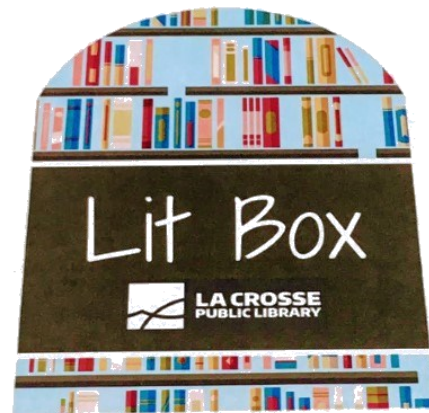
## Lit Box Decoration Drop-In

## Monday, January 17

2:00 P.M.-3:30 P.M.

*South Community Library*

Are you a LIT Box expert, or have you been wanting to give this new program a try? Join us to decorate your own box that will be filled monthly with hand-selected materials and delightful swag. **Best for grades 2-12.**



# FEBRUARY



# Paint Party

## Friday, February 11

2:00 P.M.—3:30 P.M.

La Crosse Public Library—Main

Dust off your smock and pull up a chair for a relaxing afternoon of painting. All levels of painting ability are welcome. Space is limited to 20 spots. [Register on our events calendar](#) starting January 31st.



**Don't forget to sign up for  
the Winter Read-A-Thon!**

## January 15–February 15

- Sign up at any service desk or you can sign up on our website at: [lacrosselibrary.org](http://lacrosselibrary.org)





# FRIENDS OF THE LIBRARY

## NEW!



We are now able to accept credit card payments for the Friends bookshop at the front circulation desk.

For more information about the Friends of the La Crosse Public Library visit our website at: [lacrosselibrary.org/about/friends-library](http://lacrosselibrary.org/about/friends-library)



## Friends of the La Crosse Public Library Membership Form

*Please join or renew your annual support!*

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

Enclosed is my tax-deductible contribution:

☐ New

☐ Individual: \$10

☐ Check (payable to Friends of the La Crosse Public Library)

☐ Renewal

☐ Family: \$25

☐ Cash

☐ Gold: \$50 (converts to Lifetime upon 10 yearly renewals)

I'd like to receive my newsletter via:

☐ Lifetime: \$500

☐ Email (saves Friends \$5 year/member!)

☐ Special gift: \_\_\_\_\_ (please indicate amount)

☐ U.S. Mail

Contact me to volunteer:

☐ Book shop

☐ Sorting books

☐ Special events

**Please return to:**

Friends of the La Crosse Public Library  
800 Main Street  
La Crosse, WI 54601