# LA CROSSE PUBLIC LIBRARY NEWSLETTER



#### October 2021

What's Inside

Arts and Crafts
Monday Mornings at Main
Children's Programs
Classes
Adult Programming
Waking Up White

Friends of the La Crosse Public Library

**Bookshop Hours** 

Monday, Tuesday, Thursday, Friday and Saturday 10:00 A.M.-4:00 P.M. Wednesday 12:00 P.M.-6:00 P.M.

May be open other hours if volunteers are available

For more information about the Friends of the La Crosse Public Library visit our website at: lacrosselibrary.org/ about/friends-library



All La Crosse Public Library locations will be closed from 10 A.M.–2 P.M. on Thursday, October 7th for a half-day staff development training

# **House Plant Swap**

Saturday, Oct. 9th 11:30am-1:00pm

LPL Courtyard

Drop by our House Plant Swap and pick up a new plant for your indoor space. Just bring a pest-free house plant or cuttings to trade. Don't have a plant to swap? No problem!

We'll have a few extras to share.

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# **Fearless Plant Propagation**

Wednesday, Oct. 13th 7:00-8:00pm

Zoom

Join Nika Vaughan from Plant Salon in Chicago for this virtual presentation discussing the different needs of succulents and tropical plants, growing mediums, and propagation techniques.



To register, call: 608-789-7145; email: <u>programteam@lacrosselibrary.org</u> or visit <u>lacrosselibrary.org</u>

#### **Main Library**

800 Main Street (608) 789-7100

Monday-Tuesday 10 A.M.-6 P.M. Wednesday 10 A.M.-8 P.M. Thursday-Saturday 10 A.M.-6 P.M.

#### **South Community Library**

1307 16th Street South (608) 789-7103

 Monday
 10 A.M.-2 P.M.

 Tuesday
 2 P.M.-6 P.M.

 Wednesday
 10 A.M.-2 P.M.

#### **North Community Library**

1552 Kane Street (608) 789-7102

 Tuesday
 10 A.M.-2 P.M.

 Wednesday
 2 P.M.-6 P.M.

 Thursday
 2 P.M.-6 P.M.

## **ARTS AND CRAFTS**

#### Adult Craft Program: Witches Hat

**Tuesday, October 5** 

5:30 P.M.-7:00 P.M.

 $South\ Community\ Library$ 

 $Registration \ Required$ 

Whether you are a seasoned crafter or need a little crafting nudge, come join the fun. Our project for the evening are Witches Hats. Warning: hot glue will be used. Project is subject to change. Register on our calendar.

#### Knitted or Crocheted Infant Sweaters Wanted!

Cold weather is approaching and your knitted or crocheted infant sweater(s) will be donated to the Afghan refugees staying at Fort McCoy. Pickup up all the supplies you'll need at the Main Library. We'll have easy pattern for all levels, yarn, and needles and/or hooks at the Main Library to get started on your project. Or, if you are a seasonal knitter or crochetier and already have the supplies, please join us in this worthy project. Return your finished sweater(s) to the Main Library by the first week of November and we will get the sweaters delivered to Fort McCoy before the cold weather hits Wisconsin.



# Mindful Makers: Zentangle Coasters (Hybrid Program)

#### Wednesday, October 20

 $\begin{array}{c} 6:30 \text{ P.M.--} 7:30 \text{ P.M.} \\ \textit{La Crosse Public Library--Main Creation Space} \end{array}$ 

Registration Required

Need a little motivation to start a new art project or participate in mindful activities? Join us for Mindful Makers, a program series integrating creativity with mind and body wellness!

You have the option to join us **online or in person** to create stress-relieving zentangle coasters. While our hands are busy creating, we'll open up our minds as we're joined by Beth Mullen-Houser, local community health professional who will share tips on maintaining mindfulness.

#### To participate:

9th street entrance.

Register via the La Crosse Public Library Events calendar

Indicate in the notes field if you will be participating via Zoom or in person

If you're participating via Zoom, stop by the La Crosse Public Library between Oct 13 - Oct 20 to pick up your craft kit.

Join us on Oct 20 at 6:30pm via Zoom or in the Creation Space of the Main Library as we create our project together while learning mindfulness tips



#### The Mentor's Workshop

Led by Ronn Kale

Saturdays, October 2, 9, 16, 23, and 30

3:00 P.M.-5:00 P.M.

La Crosse Public Library Main Hall

The Mentor's Workshop is for the experienced painter. Do you need a quiet place to paint that is away from all the distractions? Are you seeking occasional input or instruction that may go beyond technique? Do you need to commit to painting by scheduling a day or time? The Mentor's Workshop is an opportunity for intermediate and advanced painters to paint in a controlled learning environment. As mentor/instructor Ronn Kale is available to guide and assist you in whatever capacity you need. Whether it is one on one personal instruction, or group or individual critiques are vital parts of the curriculum. You will be required to have your own supplies to paint with and an idea of what you want to paint. No registration is necessary. Please enter through the

## **MONDAY MORNINGS AT MAIN**



# Welcome back for a new season of Monday Mornings at Main!

Beginning September 13, we invite you to join us in person in the Main Hall of the La Crosse Public Library.

Each Monday we will hear from a new speaker on a variety of topics



#### **October**

- 4 Make Way for Liberty: Wisconsin African Americans in the Civil War presented Jeff Kannel
- 11 Cultivating Brain Health Wellness presented by Christie Harris, Gundersen Health System
- 18 **Aging in Place** presented by Curtis Miller, Habitat for Humanity
- 25 Ghosts of Historic La Crosse presented by Michael Scott

Register on our <u>events calendar</u>, by emailing or calling <u>programteam@lacrosselibrary.org</u>, or 608-789-7145.

Monday Mornings at Main is funded through a grant from the Gert Salzer Gordon Trust.

The 9<sup>th</sup> Street entrance will open early at 9:30 A.M. to enjoy refreshments and social time in Main Hall.

#### **November**

- 1 Meet LPL's Local History Experts: the Archives Team
- 8 Places and Spaces: My Favorite Historical Buildings and Why I Like Them presented by Les Crocker
- 15 Inside the Magic: Pulling Back the Curtains on the La Crosse Community Theater presented by Alex Attardo
- 22 Exceptional Eating Experiences: Holiday Meals and More presented by Jordan Murray, Riverside Corporate Wellness
- 29 Elder Law presented by Kevin Roop, J.D.

Mondays, 10:00 A.M. – 11:00 A.M.

La Crosse Public Library—Main
Main Hall
Registration Required

## CHILDREN'S PROGRAMMING

# Virtual Family Storytime All Ages

#### Wednesday, October 6

10:00 A.M. - 10:30 A.M.

Online: YouTube

Join us virtually for fun books.

rhymes, and songs! Best for children ages 0-5 and their adults. You can find us on Youtube.

## Music With Mr. Evan Tuesdays, October 5 and 12

10:00 A.M. - 10:30 A.M.



Online: Zoom Registration Required

Join us for an energetic half hour of music with Mr. Evan. We'll sing, laugh, and be extra silly! Register online to get the Zoom log-in information. Best for children ages 0-5 and their adults.



Are you ready to earn your pumpkin? Simply read for 20 minutes for 20 days to get your free pumpkin! You can grab a reading log from any La Crosse Public library location, or log on to Beanstack (lacrosselibrary.beanstack.org) to begin the challenge virtually. Pumpkin pick-up begins October 20th and goes through the 31st. Best for all ages



# Pajama Storytime—Virtual Thursday, October 28

6:30 P.M.-7:00 P.M.

YouTube Live

Snuggle up, get cozy, and pop on those pajamas for a special evening storytime. Join us on the library's YouTube page for this LIVE virtual event. **Best for all ages.** YouTube page.

## CHILDREN'S PROGRAMMING

# Family Yoga with The Motherhood Collective

Wednesdays, October 20, 27, and November 3

10:00 A.M. - 10:45 A.M.

Online: Zoom Registration Required

Join Emily Sustar, mama, yogi, and founder of The Motherhood Collective, as she leads families in movement, breathing, and mindfulness each week. We'll meet via Zoom, so be sure to register for the meeting room information. Best for all ages.



# Un-Monster Creations Monday, October 18

2:00 P.M. - 3:00 P.M.

La Crosse Public Library-Main

Have you always wanted to build your very own monster? Be ready to create your own non-traditional monster and invent a tale to go with it. **For grades K-5th** 

# Dress Up Dance Party! Friday, October 29

10:00 A.M. - 11:00 A.M.

La Crosse Public Library Main Main Hall

Let's have some fun! Join us for a spectacular dance party with music, and movement! Costumes are encouraged but not required. **Best for children under 5 and their caregivers.** 



## Noodle Hockey Friday, October 15

2:00 P.M. - 3:00 P.M.

La Crosse Public Library-Main

Join us to play this splendid version of hockey but with pool noodles and a beach ball. It promises to be a wildly fun afternoon! **Masks are required.** For grades 6-12.



### **CLASSES**

# Wednesday, October 6 6:00 P.M.—7:00 P.M. Social Media Spotlight: Instagram

La Crosse Public Library–Main
Join us as we discover Instagram!
Depending on class interest, we
could cover how to post a photo or
story; following and unfollowing;
what we find on the discovery page;
and/or the easy way to go through
your privacy settings. Bring your
questions! Register online

#### Wednesday, October 20 6:00 P.M.-7:00 P.M. Book and Audiobook Apps

La Crosse Public Library–Main
We'll cover the library's vast e-book
and audiobook collection and also
talk about other popular apps that
offer free and cheap downloads.

Register online

# TECH DROP-IN









## St Andrews Center -- 1407 St. Andrew Street

11:00 AM - 12:00 PM

October November December 6th & 20th 3rd & 17th 1st & 16th

# La Crosse Public Library -- 800 Main Street

1:00 PM - 2:00 PM

October

November

December

10th

8th

#### **Chair Fitness**

13th

Join us for an hour of fitness and fun!

#### **Community Connections Center**

1407 St. Andrews Street
Tuesdays, 10:00 A.M.-11:00 A.M.

#### La Crosse Public Library – Main

800 Main Street
Thursdays, 2:00 P.M.—3:00 P.M.

Oct 5, 19, 26

Register by calling 608-789-8640

Oct 7, 21, 28

Register on our website, or by calling 608-789-7145



## **ADULT PROGRAMMING**

# Monday, October 4 Maker Monday

10:00 A.M.-11:30 A.M.

Community Connections Center 1407 St. Andrews Street

Whether you are a seasoned crafter or need a little crafting nudge, come join the fun, 2<sup>nd</sup> and 4<sup>th</sup> Monday of the month. Projects subject to change and supplies are limited. October 4 we will be making decoupage soap. COVID-19 protocols will be in place.

No registration required.

#### Saturday, October 9

#### Courtyard Chapters: The Sun Down Motel

10:00 A.M.-11:00 A.M.

La Crosse Public Library-Main

#### Registration Required

Looking for a relaxing start to your weekend? Join in our Courtyard Chapters Book Discussion!

Chapters is our monthly book discussion group featuring popular fiction covering a variety of genres.

Join us in the library's charming outdoor "secret" courtyard for a discussion of *The Sun Down Motel* by Simone St. James.

Seating is limited to accommodate social distancing and registration is required. Per current CDC guidance we recommend that unvaccinated people wear face coverings.

Register via our <u>events calendar</u>, emailing or calling 608-789-7130 or <u>lschoen@lacrosselibrary.org</u>

#### Monday, October 11

#### Storytime for Adults -Anniversary Show

4:15 P.M.-5:15 P.M.

Turtle Stack Brewery

#### Registration Required

We're back at Turtle Stack! Join us as we Celebrate our 4th Anniversary!

Storytime for Adults is where librarians, library workers, and friends of the library get together monthly in front of an audience to read short stories, book excerpts and more generally related to the theme of the month.

Registration is required to reserve your space as seating is limited!

#### Saturday, October 16 Yoga for All

10:30 A.M.-11:30 A.M.

La Crosse Public Library-Main

#### Registration Required

Join certified yoga instructor Bernice Olson-Pollack for this free community yoga program encouraging gentle body movement for all ages, abilities and walks of life.

Each class will explore basic yoga poses, yogic breathing, mindfulness, and relaxation techniques surrounding a different topic each month. Attendees may bring a yoga mat or towel if they wish. To register call 608-789-7145 or email programteam@lacrosselibrary.org.

# Monday, October 18 Maker Monday

10:00 A.M.-11:30 A.M.

Community Connections Center 1407 St. Andrews Street

Whether you are a seasoned crafter or need a little crafting nudge, come join the fun, 2<sup>nd</sup> and 4<sup>th</sup> Monday of the month. Projects subject to change and supplies are limited. October 18 we will be making sweater pumpkins. Please bring your own sweater to be used as a pumpkin. COVID-19 protocols will be in place. No registration required.

# Thursday, October 28 B.Y.O.B. Bring Your Own Book (Club)

7:00 P.M.-8:00 P.M.

Online: Zoom

#### Registration Required

B.Y.O.B. (Club) is a non-traditional book club for adults. Instead of reading a predetermined title, participants meet online to share what they're currently reading. Whether you can't wait to talk up your new favorite title or just want to listen to the conversation, all are welcome to join! Register online, or by emailing or calling Heather at hmiller@lacrosselibrary.org, or 608-789-7125.

#### Saturday, November 6 Holiday Craft Show

10:00 A.M.-2:00 P.M.

La Crosse Public Library–Main We are excited to host another Holiday Craft Show this year!

Come join the fun and support local artists!

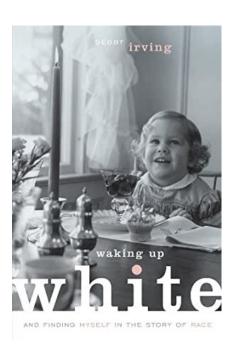
## **WAKING UP WHITE REGIONAL READ**

# WAKING UP WHITE

## REGIONAL READ

#### **Through November 18**

The Waking Up White Regional Read invites the community to read *Waking Up White* by Debby Irving, attend public presentations, and engage in book chat conversations about ways to create a more welcoming and inclusive multicultural community.



Registration for the free events and book chats can be done through our <u>La Crosse</u>

Public Library events calendar

For a full list of events and to find out more information visit:

https://www.laxwakingupwhite.com/

# Friends of the La Crosse Public Library Membership Form

Please join or renew your annual support!			
Name		Date	
Address			
Telephone_	Email		
Enclosed is my tax-deductible contribution:			
☐ New	☐ Individual: \$10		eck (payable to Friends of the La Crosse
$\square$ Renewal	☐ Family: \$25 ☐ Gold: \$50 (converts to Lifetime upon 10 yearly	Public Library)	
		☐ Cash	
	renewals)	l'a like	e to receive my newsletter via:
	☐ Lifetime: \$500	<b>Email</b> (saves Friends \$5 year/member!)	
	☐ <b>Special gift:</b> (please indicate amount)	<b>□</b> U.	S. Mail
Contact me to volunteer:  Please return to:			
☐ Book shop			Friends of the La Crosse Public Library
☐ Sorting books		Res	800 Main Street
☐ Special events		PUBLIC 3	La Crosse, WI 54601