

LA CROSSE PUBLIC LIBRARY NEWSLETTER



September 2021

What's Inside

Archives Programs

Brain Food

Monday Mornings at Main

Children's Programs

9/11 Virtual Tour

Classes

Adult Programming

**Friends of the
La Crosse
Public Library**

Bookshop Hours

**Monday–Saturday
12:00 P.M.–2:00 P.M.**

May be open other hours if
volunteers are available

For more information
about the Friends of
the La Crosse Public
Library visit our
website at:
[lacrosselibrary.org/
about/friends-library](http://lacrosselibrary.org/about/friends-library)



WAKING UP WHITE REGIONAL READ

Through November 18

The Waking Up White Regional Read invites the community to read *Waking Up White* by Debby Irving, attend public presentations, and engage in book chat conversations about ways to create a more welcoming and inclusive multicultural community.



**Registration for the free
events and book chats
can be done through our
[La Crosse Public Library
events calendar](#)**

**For a full list of events and to find out
more information visit:
<https://www.laxwakingupwhite.com/>**

Main Library

800 Main Street
(608) 789-7100

Monday–Tuesday 10 A.M.–6 P.M.
Wednesday 10 A.M.–8 P.M.
Thursday–Saturday 10 A.M.–6 P.M.

South Community Library

1307 16th Street South
(608) 789-7103

Monday 10 A.M.–2 P.M.
Tuesday 2 P.M.–6 P.M.
Wednesday 10 A.M.–2 P.M.

North Community Library

1552 Kane Street
(608) 789-7102

Tuesday 10 A.M.–2 P.M.
Wednesday 2 P.M.–6 P.M.
Thursday 2 P.M.–6 P.M.

ARCHIVES PROGRAMS

History Club Monthly Meeting

Wednesday, September 29

6:30 P.M.—7:30 P.M.

La Crosse Public Library—Main

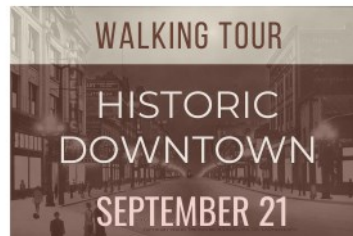
Registration Required

History Club is a forum for exploring La Crosse's history. Our goal is to collectively build, share, and preserve knowledge about our community's past. Functioning like a book club, the club leaders will announce bi-weekly activities and then facilitate a meeting to allow attendees to share thoughts, ideas, and experiences. [Register online.](#)

HISTORY TOURS

THIS SEPTEMBER

TUESDAYS | 6-7:30PM



All ages are welcome. Tours are free, but **please reserve a space** at footstepsoflacrosse.org. You will receive meeting locations with registration.

BRAIN FOOD



Join the ADRC, Viterbo Dietetics Students, and the La Crosse Public Library to learn how to prepare meals that support your Brain Health. At each session we'll share tips, recipes, and food samples with a particular mealtime focus to encourage a brain-healthy lifestyle!

12:00 P.M.—1:00 P.M.

La Crosse Public Library Main—Auditorium

- **Thursday, September 2: Breakfast**
- **Thursday, September 16: Lunch**
- **Thursday, September 30: Dinner**

To register for one class or all, call 608-789-7145 or email programteam@lacrosselibrary.org



MONDAY MORNINGS AT MAIN



Welcome back for a new season of Monday Mornings at Main!

Beginning September 13, we invite you to join us in person in the Main Hall of the La Crosse Public Library.

Each Monday we will hear from a new speaker on a variety of topics



September

- 13 **Live Jazz Guitar Performance** presented The Crosse Section
- 20 **Never Forget: Touring the 9/11 Memorial**
- 27 **Step Right Up and Join the Circus: Wisconsin's Circus Heritage** presented by Scott O'Donnell

October

- 4 **Make Way for Liberty: Wisconsin African Americans in the Civil War** presented Jeff Kannel
- 11 **Cultivating Brain Health Wellness** presented by Christie Harris, Gundersen Health System
- 18 **Aging in Place** presented by Curtis Miller, Habitat for Humanity
- 25 **Ghosts of Historic La Crosse** presented by Michael Scott

Register on our [events calendar](#),
by emailing or calling
programteam@lacrosselibrary.org,
or 608-789-7145.

*Monday Mornings at Main is funded through
a grant from the Gert Salzer Gordon Trust.*

November

- 1 **Meet LPL's Local History Experts: the Archives Team**
- 8 **Places and Spaces: My Favorite Historical Buildings and Why I Like Them** presented by Les Crocker
- 15 **Inside the Magic: Pulling Back the Curtains on the La Crosse Community Theater** presented by Alex Attardo
- 22 **Exceptional Eating Experiences: Holiday Meals and More** presented by Jordan Murray, Riverside Corporate Wellness
- 29 **Elder Law** presented by Kevin Roop, J.D.

Mondays, 10:00 A.M. – 11:00 A.M.

*La Crosse Public Library—Main
Main Hall*

Registration Required

**The 9th Street entrance will open
early at 9:30 A.M. to enjoy
refreshments and social time
in Main Hall.**

CHILDREN'S PROGRAMMING

In-Person Children's Programming Suspended

Virtual Programs coming soon!

Friends, due to rising case rates attributed to the Delta variant, we have made the difficult decision to suspend all in-person children's programming for the month of September.

Keep an eye on our events calendar, website, and Facebook page for a slate of virtual options this month instead.

We remain hopeful that in-person events might resume later this fall!



PJ Storytime

Thursday, September 30

6:30 P.M.

YouTube Live

Snuggle up, get cozy, and pop on those pajamas for a special evening storytime. Join us on the library's [YouTube page](#).
Best for all ages.



MARLEY DIAS, Library Card Sign-Up Month Honorary Chair

September is **LIBRARY CARD SIGN-UP MONTH!**

"A library card provides opportunity for discovery and access to a rich and diverse world. It empowers you to make change and experience new stories."

September is Library Card Sign-up Month so get one today! Stop by any of our three library locations during business hours!

For more information visit our website at:

<https://www.lacrosselibrary.org/services/account-borrowing>

9/11 VIRTUAL TOUR

To commemorate the 20th anniversary of September 11, we are pleased to offer an engaging way to virtually experience the 9/11 Memorial & Museum in New York on your own schedule. To view the On-Demand Virtual Museum Tour, visit the website below. You will be directed to a private webpage on the 9/11 Memorial & Museum website and prompted for the password. To receive the password, please [register on our events calendar](#) and the password will be included in your registration confirmation email.

Alternatively, if you would like to view the video tour with others, please register to join us for the September 20 edition of Monday Mornings at Main, "Never Forget: Touring the National 9/11 Memorial Museum":

<https://www.lacrosselibrary.org/monday>



CLASSES

Wednesday, September 8

6:00 P.M.–7:00 P.M.

Social Media Spotlight: Facebook

La Crosse Public Library–Main

Join us as we discover Facebook! Depending on class interest, we could cover unfriending vs unfollowing vs snoozing Facebook friends; where to find memorialization settings; and/or the easy way to go through your privacy settings. Bring your questions!

Wednesday, September 22

6:00 P.M.–7:00 P.M.

Smartphone Basics: Photo Editing

La Crosse Public Library–Main

Do you have pictures on your phone but you think they might need some touching up? We will go over how to use your phone or devices' editing tools, explore free photo editing apps, and learn some helpful tips and tricks!

TECH DROP-IN



St Andrews Center -- 1407 St. Andrew Street

11:00 AM - 12:00 PM

September
8th & 22nd

October
6th & 20th

November
3rd & 17th

December
1st & 16th

La Crosse Public Library -- 800 Main Street

1:00 PM - 2:00 PM

September
15th

October
13th

November
10th

December
8th

Chair Fitness

Join us for an hour of fitness and fun!

Community Connections Center

1407 St. Andrews Street

Tuesdays, 10:00 A.M.–11:00 A.M.

Sept 14, 21, 28

Oct 5, 19, 26

Register by calling
608-789-8640

La Crosse Public Library– Main

800 Main Street

Thursdays, 2:00 P.M.–3:00 P.M.

Sept 9, 16, 23, 30

Oct 7, 21, 28

Register on our website, or by
calling 608-789-7145



ADULT PROGRAMMING

Wednesday, September 1

Getting Called Out and Calling Others In: Lessons Learned From Navigating Difficult Conversations

6:00 P.M.–7:30 P.M.

La Crosse Public Library–Main

Registration Required

Starting a courageous conversation with someone about prejudice and racism can be tough, and being called out by someone can be tougher. Join Rebecca Schwarz, Mission Impact Coordinator at YWCA La Crosse, for an interactive presentation on tips for navigating both scenarios with cultural humility and a learner's mindset.

[Register on our events calendar.](#)

Wednesday, September 8

History Lecture: Rock & Roll in Pop Culture

6:30 P.M.–7:45 P.M.

La Crosse Public Library–Main

Registration Required

Educators, history lovers, and pop culture enthusiasts are invited to join us in welcoming Dr. Shonk share his research. Afterwards, Dr. Shonk will guide a workshop for teachers looking to update their classroom curriculum. This program is a collaboration between the La Crosse Public Library, the UWL History Department, and the UWL School of Education.

Please be advised that this event may move to a virtual format, depending on the state of local COVID-19 cases.

To register visit our [events calendar](#)

Thursday, September 9

Labor Day: History and Contemporary Meaning

6:30 P.M.–8:00 P.M.

La Crosse Public Library–Main

Registration Required

Join us on the week of Labor Day to learn more about the holiday.

Labor and working-class history professor John Grider will present on the history of Labor Day in the United States. LEA teachers' union president John Havlicek will then discuss contemporary activity in the labor movement. [Register on our events calendar.](#)

Saturday, September 11

Courtyard Chapters: This Tender Land

10:00 A.M.–11:00 A.M.

La Crosse Public Library–Main

Registration Required

Looking for a relaxing start to your weekend? Join in our Courtyard Chapters Book Discussion!

Chapters is our monthly book discussion group featuring popular fiction covering a variety of genres.

Join us in the library's charming outdoor "secret" courtyard for a discussion of *This Tender Land* by William Kent Krueger.

Seating is limited to accommodate social distancing and registration is required. Per current CDC guidance we recommend that unvaccinated people wear face coverings.

Register via our [events calendar](#), emailing or calling 608-789-7130 or lschoen@lacrosselibrary.org

Yoga for All

10:30 A.M.–11:30 A.M.

La Crosse Public Library–Main

Registration Required

Join certified yoga instructor Bernice Olson-Pollack for this free community yoga program encour-

aging gentle body movement for all ages, abilities and walks of life. Each class will explore basic yoga poses, yogic breathing, mindfulness, and relaxation techniques surrounding a different topic each month. Attendees may bring a yoga mat or towel if they wish. To register call 608-789-7145 or email programteam@lacrosselibrary.org.

Monday, September 13

Storytime for Adults: Access Denied

6:30 P.M.–8:00 P.M.

Turtle Stack Brewery

Registration Required

Join us as we resume in-person Storytime for Adults, where librarians, library workers, and friends of the library get together monthly in front of an audience to read short stories, book excerpts and more generally related to the theme of the month. [Registration is required](#) to reserve your space as seating is limited!

Tuesday, September 14

Adult Craft Program: Stencil Pallet Wall Hanging

5:30 P.M.–7:00 P.M.

South Community Library

Registration Required

Whether you are a seasoned crafter or need a little crafting nudge, come join the fun. Our project for the evening is a Stencil Pallet Wall Hanging. You will be using a stencil template to paint a sunflower onto a small wooden pallet. Please dress accordingly (wear something that can get paint on if you accidentally spill). [Register on our calendar.](#)

ADULT PROGRAMS cont.

Monday September 20

Maker Monday

10:00 A.M.–11:45 A.M.

*Community Connections Center
1407 St. Andrews Street*

Join the fun in getting your mind and hands engaged with crafts. During this open maker time, bring a project to work on or stop in and try your hand at something new. COVID-19 protocols will be in place. No registration required.

Wednesday, September 22

Let's Talk About CBD

5:30 P.M.–7:00 P.M.

La Crosse Public Library–Main

Registration Required

Hemp and CBD products are more popular than ever, but you may have questions. What is CBD? How effective is it? What is Industrial Hemp? Join us for a panel discussion featuring Dillon Beyer, Brand Ambassador and & CBD consultant, Tree Hugger's Co-op; Austin Wszolek, President & CEO of Carbon Cannabis, and Kaitlyn Davis, Agriculture Educator for Extension of La Crosse County as we explore these questions and more. Register via our [events calendar](#), or by calling 608-789-7145 or emailing programteam@lacrosselibrary.org. Please arrive through the 9th Street entrance.

Thursday, September 23

B.Y.O.B. Bring Your Own Book (Club)

7:00 P.M.–8:00 P.M.

Online: Zoom

Registration Required

B.Y.O.B. (Club) is a non-traditional book club for adults. Instead of reading a predetermined title, participants meet online to share what they're currently reading. Whether you can't wait to talk up your new favorite title or just want to listen to the conversation, all are welcome to join! [Register online](#), or by emailing or calling Heather at hmiller@lacrosselibrary.org, or 608-789-7125.

Friends of the La Crosse Public Library Membership Form

Please join or renew your annual support!

Name _____ Date _____

Address _____

Telephone _____ Email _____

Enclosed is my tax-deductible contribution:

☐ New

☐ Individual: \$10

☐ Check (payable to Friends of the La Crosse Public Library)

☐ Renewal

☐ Family: \$25

☐ Cash

☐ Gold: \$50 (converts to Lifetime upon 10 yearly renewals)

I'd like to receive my newsletter via:

☐ Lifetime: \$500

☐ Email (saves Friends \$5 year/member!)

☐ Special gift: _____ (please indicate amount)

☐ U.S. Mail

Contact me to volunteer:

☐ Book shop

☐ Sorting books

☐ Special events



Please return to:

Friends of the La Crosse Public Library
800 Main Street
La Crosse, WI 54601